

HOOP ZONE Training Rates

2009 Training Prices/Packages

(**Basketball**, Strength, Speed/Agility, and Explosive training rates)

Each session is 1-hour in length. These sessions are designed to provide players an intense and individualized workout within a 1 on 1 or small group setting. We provide players with an initial interview/evaluation and develop for them an individualized training program. Sessions can be scheduled one at a time or in packages.

Group Size	# of Training Sessions			
	1	4	8	12
Individual	\$65	\$60 / \$240	\$55 / \$440	\$50 / \$600
Small Group (2-3)	\$40	\$35 / \$140	\$30 / \$240	\$25 / \$300
Small Group (4-8)	\$30	\$25 / \$100	\$20 / \$160	\$15 / \$180
Large Group (9+)	Call for special large group pricing.....			

- To read the price schedule above, find the # of sessions you would like to purchase across the top row of the grid, then locate the group size (# of players per group) in the left column to determine your price/package.
- **Example:** Robin wants to purchase a 4 session package for her son in a small group (2-3 players). Her cost would be \$140. The \$ number on the left (\$35/\$140) is the cost per session. The \$ number on the right of the slash (\$35/\$140) is the total cost of the package.
- **Payments must be made at one time, in advance to secure discount(s).**



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